The 5 Love Languages: The Secret to Love that Lasts

by Gary Chapman

1 Complete the sentences with the words in the box.

marriage into turn worldwide air healing bestselling

Gary Chapman, PhD, is the author of the _____[1] *The 5 Love Languages®* series, which has sold more than 20 million copies _____[2] and has been translated _____[3] 50 languages. Dr Chapman travels the world presenting seminars on _____[4], family, and relationships, and his radio programmes _____[5] on more than 400 stations.

Married for more than 45 years to Karolyn, Dr Gary Chapman is just the man to _____[6] to for help on improving or _____[7] our most important relationships.

adapted from www.5lovelanguages.com

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2

Complete the questions with the correct form of the words in brackets.

1. _____ (*you* / ever / *hear*) about *The 5 Love Languages*®?
2. _____ (*you* / *think*) there's a secret to staying happy in a relationship?
3. _____ (*you* / *believe*) in true love or love at first sight?
4. How _____ (*you* / *know*) when someone really loves you?
5. _____ (*it* / *be*) essential to say "I love you"?
6. What _____ (*be*) the best relationship advice you have ever got?
7. On a scale of 1 to 10, how romantic _____ (you / be)?
8. _____ (*you* / *plan*) to get married? Why (not)?
9. What three questions _____ (*you* / *will* / *ask*) if you were on a date?
10. How_____ (*you* / *know*) if a couple is happy?

3

In pairs, ask and answer the questions from the previous exercise.

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4

Fill the gaps with **one** word.

Chapman's book *The 5 Love Languages®* was first published in 1992. Before _____[1] the book, Chapman began to _____[2] patterns in couples he was counselling. He realized that the couples _____[3] misunderstanding each other's needs.

The five love languages describe five _____[4] that people receive and express love in a relationship. Knowing your partner's love language and letting them know _____[5] is a way to help you both _____[6] loved and appreciated. Gary Chapman describes how to use these love languages to show your partner you care for _____[7] in a way that speaks _____[8] their heart.

_____[9] to Chapman, love languages also apply to relationships _____[10] parents and children, among coworkers and friends.

adapted from www.verywellmind.com

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5

Match the words with their definition.

1. statement	A. a compliment
2. to hang out with somebody	B. declaration
3. to affirm somebody	C. to keep away from somebody/something
4. praise (n.)	D. to recognize the good qualities of something
5. to avoid somebody/something	E. to say hello to somebody
6. to greet someone	F. to say something positive about someone directly to them
7. to take your time to do something	G. to spend a lot of time with someone
8. to appreciate something	H. to adore somebody
9. to cherish somebody	I. complete; total
10. undivided (attention / loyalty)	J. to use as much time as you need

1	2	3	4	5	6	7	8	9	10

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6 Watch the video*. Match the love languages to their explanations.

words of affirmation | quality time | receiving gifts | acts of service | physical touch

1. _____ This love language is for people who believe that actions speak louder than words. They'll notice and appreciate little things you do for them.

2. _____ When this is someone's primary love language, they enjoy kind words and encouragement, uplifting quotes, love notes, and cute text messages.

3. _____ Someone with this love language wants undivided attention. They feel loved if you are present and focused on them when you are together.

4. _____ People with this love language, when they consent to it, feel appreciated when they are hugged, kissed, or cuddled.

5. _____ For someone who uses and responds to this love language, presents indicate love and affection.

*Psych2Go. *5 Ways To Work With Your Partner's Love Language,* www.youtube.com/watch?v=heww-ZuAs_c

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7

Tick ✓ the question that contains true information about your preferences.

Do you feel more loved when your partner:

- ☐ Tells you, "I love you," or praises something you did?
- ☐ Surprises you with a meaningful gift?
- ☐ Plans a trip for just the two of you?
- ☐ Runs the errands or does the laundry?
- ☐ Holds your hand while you're walking?

adapted from www.verywellmind.com

8

Take this 30-question quiz (for teenagers) to discover your love language.

START THE QUIZ

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9

Paraphrase the following quotes. What do you think about them?

> “Love is that condition in which the happiness of another person is essential to your own.”
> —Robert A. Heinlein (an American science fiction author)

> "Love does not consist in gazing at each other, but in looking outward together in the same direction."
> –Antoine de Saint-Exupéry (a French writer)

> "Being deeply loved by someone gives you strength, while loving someone deeply gives you courage."
> —Lao Tzu (an ancient Chinese philosopher)

adapted from www.townandcountrymag.com

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10

Complete the idioms with the words in the box, and then discus the questions.

blind break win touched follow by with soul heart at

1. Do you usually _____ your heart or your head?
2. What do you put your heart and _____ into?
3. What song or film _____ your heart the most?
4. Are people truly good _____ heart?
5. What do people do _____ a heavy heart?
6. Is learning off _____ heart pointless or useful? Why?
7. Would you have the _____ to fire somebody?
8. Is it true that love is _____ ?
9. What does it take to _____ your heart?
10. What words can _____ somebody's heart?

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