FOOD & EATING HABITS

25 conversation questions

1. What food ..... (make) you happy?
2. ..... (you / prefer) to eat unhealthy or healthy food?
3. What foods ..... (you / should / eat) more of and/or less of?
4. What country ..... (have) the healthiest cuisine?
5. ..... (you / think) your parents' diet is healthier than yours? How about your grandparents' diet?
6. ..... (healthy eating / cost) more?
7. ..... (organic food / be) worth the price?
8. ..... (a vegan diet / be) healthy?
9. ..... (there / be) a kind of meat you refuse to eat?
10. ..... (it / be) really healthy to eat three times a day?
11. How many meals a day ..... (you / have)?
12. ..... (you / prefer) to eat alone or with others?
13. ..... (you / eat) something different for breakfast at weekends than on weekdays?
14. ..... (you / ever / have) breakfast in bed?
15. How much water ..... (you / should / drink) in a day?
    How much .....(you/ actually / drink)?
16. What dishes ..... (you / can / cook) without looking at the recipe?
17. How often .....(you / order) takeaway and/or dine out?
18. How ..... (you / decide) on what to order at a restaurant?
19. ..... (it / be) safe to eat street food in your country?
20. Why ..... (people / diet) ? ..... (it / be) more about health or looks?
21. ..... (you / ever / be) on a diet? Why?
22. How many calories ..... (you / eat) a day?
23. ..... (you / agree) with the saying 'an apple a day keeps the doctor away'?
24. ..... (you / agree) with the phrase 'we are what we eat'?
25. ..... (you / live) to eat, or ..... (you / eat) to live?

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