GOALS & MOTIVATION

25 conversation questions

1. ..... (**be**) the dream a goal or ..... (**be**) the goal a dream?
2. ..... (**you**/**read**) Brian Tracy's 'Eat that Frog!'?
3. What ..... (**be**) your "frog"? (the most important task you are most likely to procrastinate on)
4. If you have two important tasks before you, ... (**you**/**start**) with the harder one?
5. What ..... (**be**) the most common goals that people set themselves?
6. Why ..... (**people**/**need**) goals in their lives?
7. ..... (**setting goals**/**lead**) to success?
8. ..... (**parents**/**should**/**help**) children set goals?
9. What goals ..... (**you**/**recently**/**set**) yourself?
10. What ..... (**keep**) you motivated to achieve your goals?
11. ..... (**you**/**achieve**) the goals you set yourself two years ago? Why or why not?
12. ..... (**you**/**break**) your long-term goals into short-term ones?
13. ..... (**you**/**write**) down your goals?
14. ..... (**you**/**ever**/**set**) yourself SMART* goals?
15. What ..... (**be**) your SMART goals for learning English?
16. ..... (**it**/**be**) better to be intrinsically motivated or extrinsically?
17. ..... (**you**/**agree**) with the saying, "Where there is a will, there is a way"?
18. Why ..... (**it**/**be**) better to teach a man to fish rather than give him a fish?
19. What ..... (**you**/**do**) when you feel like quitting?
20. How ..... (**you**/**know**) when it's time to give up, and when it's time to try harder?
21. How ..... (**people**/**know**) what they want to do in life and when ..... (**they**/**figure**) it out?
22. What ..... (**separate**) the successful from the unsuccessful?
23. ..... (**you**/**would**/**rather**) follow your passion or please your parents?
24. Which ..... (**be**) better, to be a jack-of-all-trades or a master of one?
25. What ..... (**be**) on your bucket list? (a list of things to do before you "kick the bucket")



* Specific, Measurable, Achievable, Relevant, Time-related

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